## **Minutes**

## Aging in Place in Union Committee Monday, August 27, 2018 Town Office Building Meeting Room 3:00 p.m.

Present: Jesse Thompson, EMS, Katie Tarbox, Martha & Clark Hooper, Vicki Harriman, and Carol Watier. Jay Feyler joined us later.

Vicki Harriman chaired the meeting.

- 1. Minutes of 30 July 2018 approved
- 2. Union Fair Lorain Francis shared a booth at the fair with Triad. She spoke with only 2 or 3 people from Union, but several from Appleton, Waldoboro, and Warren. The people from Appleton were most interested in what we were doing, as they felt that the population in Appleton are quite elderly and they have nothing like this AIP committee. Lorain spoke with folks also about the scam info that Katie had brought and handed out the Union Senior Resource Guide. Lorain had created a rack card with AIP info. She felt that it was a very useful outreach.
- 3. Jesse is in the process of setting up the Good Morning Union procedure. He felt it would work best if home bound folks would call in at the same time in the morning, and if EMS did not hear from them, then they would call to be sure they are OK. We had suggested that these folks provide the name and number of a family member or neighbor that can be contacted, if they can't be reached, and then if all else fails, EMS would go check on them.
- 4. Jesse is also in the process of setting up the Community Para Medicine program. It has now become a law and the funding reimbursement is being worked out. This is an EMS program that would follow up on doctor care, go in the home and do medical checkups, safety checkups, etc. He wants the service to encompass Appleton and Washington, as well as Union. They have identified 7-11 people who need this service. Katie will share with him, the form that Camden uses for Good Morning Camden.
- 5. Discussion about the Knox Box, a box at a house or business, that holds a key to the house. It is a steel box that attaches to the house. The fire department has access to the key. The cost for the box for individuals is \$50 -\$100.
- 6. October 18 luncheon. Jesse is to be a speaker and will share the new

services that he is implementing. Jay will also speak about tax abatements for the elderly. Katie will be in reserve to share info if needed. Suggestion was made that the new ambulance should be available for folks to visit. We discussed including a flu shot clinic, but decided that it might be too much in one day.

- 7. Flu shot clinic- Triad will be offering one at the Rockport Masonic Hall on Oct. 11 from 9-2. Camden Nursing will have a clinic in the fall. The flu shot is free for folks with Medicare and other health insurance and for \$35 for folks with no insurance.
- 8. Sheila Curry had put an additional survey questionnaire at the library, but Vicki had no info as to the response.
- 9. Vicki raised the option of this committee sharing funds with the backpack program in the Union Elementary School. Discussion ensued and concerns raised that AIP is primarily for the elderly. No action taken.
- 10. Gary Owens House in Searsmont there are 2 groups. One is not able to provide community service. The other group provides firewood for vets.
- 11. Katie shared info about a free webinar program available on Wed. 29 August from 12- 1:30 about care in later years. It is a TSLCA Tri State Learning Collaborative on Aging.
- 12. Carol brought info on the Wisdom Summit, to be held on Sept. 12. Katie plans to attend and Martha was also interested.
- 13. The next meeting for the Aging in Place in Union Committee will be Sept. 10, same place, same time.
- 14. Sand for Seniors The Sheriff's Department will deliver a bucket of sand to homes. The application form is online. We agreed to give out a copy to folks at the luncheon.

Respectfully submitted,

Carol Watier Notetaker for the Day